

## Covered Preventive Services



**Please bring this list to your provider** to see what services you qualify for. The following preventive services are provided at no cost to you when delivered by an in-network provider. These guidelines are based on the U.S. Preventive Services Task Force A and B recommendations. May not apply for grandfathered plans or Medicare Supplement policies.

### ALL ADULTS 18 YEARS AND OLDER

- Alcohol Misuse Screening and Counseling in adults at risk
- Aspirin for adults aged 50 to 59 years of age with a 10 percent or higher 10-year cardiac risk
- Blood Pressure Screening for all adults
- Cholesterol Preventive Medication (low to moderate dose statins) to prevent heart events in adults aged 40 to 75 years of age with one or more risk factors and a 10 percent or higher 10-year cardiac risk
- Cholesterol Screening in adults aged 40 to 75 years of age
- Colorectal Cancer Screening (including bowel prep) beginning at age 50 and continuing until age 75
- Depression Screening for adults
- Diabetes Screening in adults who are 40 to 70 years of age who are overweight or obese
- Diet and Exercise Counseling in adults who are overweight or obese and have heart disease risks
- Fall Prevention in adults 65 years of age and older who are at increased risk of falls (with exercise intervention)
- Hepatitis B Screening in adults at high risk of infection
- Hepatitis C Screening (one time) in adults born between 1945 and 1965 and those at high risk of infection
- Human Immunodeficiency Screening in adults up to 65 years of age and those at high risk of infection
- Immunizations recommended by the Centers for Disease Control and Prevention
- Lung Cancer Screening in adults 55 to 80 years of age with a 30 pack-year smoking history who currently smoke or have quit within the past 15 years
- Obesity Screening and Counseling in adults
- Sexually Transmitted Infection Counseling in adults who are at risk
- Skin Cancer Counseling in adults up to 24 years of age who have fair skin to reduce their risk of skin cancer
- Syphilis Screening for adults at high risk of infection
- Tobacco Use Counseling and Interventions in all adults
- Tuberculosis Screening in those at high risk of infection

## ADULT MALES

- Abdominal Aortic Aneurysm screening (one time) for men 65 to 75 years of age who have ever smoked

## ADULT FEMALES INCLUDING PREGNANT WOMEN

- Aspirin for women who are 12 weeks or more pregnant who are at risk of preeclampsia
- Bacteriuria screening for pregnant women 12 to 16 weeks' gestation or at first prenatal visit
- Blood Pressure checks throughout pregnancy to screen for preeclampsia
- BRCA risk assessment in women with a family history of breast, ovarian, tubal or peritoneal cancer
- Breast Cancer Preventive medications for those who are at increased risk of breast cancer
- Breast Cancer Screening mammography for women 40 years of age and older every 1 to 2 years
- Breastfeeding Counseling and Intervention during pregnancy and after birth
- Cervical Cancer Screening, including Human Papillomavirus testing, every 3 years in women 21 to 65 years of age
- Chlamydia Infection Screening in women 24 years of age and younger and older women at increased risk
- Contraceptive methods approved by the Food and Drug Administration for females, including education and counseling
- Domestic Violence Screening in women of childbearing age
- Folic Acid Supplementation (0.4 to 0.8mg) in women who plan on or are capable of becoming pregnant
- Gestational Diabetes Screening in pregnant women after 24 weeks of gestation
- Gonorrhea Screening in all sexually active women aged 24 years of age or younger and older women that are at risk
- Hepatitis B Screening in pregnant women at their first prenatal visit
- Human Immunodeficiency Screening in all pregnant women
- Osteoporosis Screening in women 65 years of age and older and younger women at risk of fractures
- Rh Incompatibility Screening for pregnant women during their first pregnancy-related visit and at 24 to 28 weeks in women who are Rh negative
- Syphilis Screening for all pregnant women

## CHILDREN AND ADOLESCENTS

- Alcohol or Drug Misuse Screening and Counseling in adolescents who are at risk
- Anemia Screening in children aged 0 to 12 months of age
- Autism Screening in children 18 and 24 months of age
- Behavioral Assessments, periodically, in children aged 0 to 17 years of age
- Bilirubin Screening for all newborns
- Blood Pressure Screening, periodically
- Cholesterol Screening in children at higher cardiac risk
- Congenital Heart Defect Screening (by pulse oximetry) in all newborns
- Depression Screening in children 12 to 17 years of age
- Developmental Screening in children 0 to 30 months of age
- Fluoride Supplements for children 6 months to 5 years of age whose water supply lacks fluoride
- Fluoride Varnish to the primary teeth in primary care or dental practices
- Gonorrhea Prevention by application of eye topical medication for all newborns
- Hearing Screening for all newborns and adolescents (limitations apply)
- Hepatitis B Screening in children at high risk of infection
- Human Immunodeficiency Screening in children 15 years of age and older and those at high risk of infection
- Immunizations recommended by the Centers for Disease Control and Prevention
- Lead Screening for children at risk of exposure
- Newborn Blood Screening (including hypothyroidism, PKU and Sickle Cell Disease) in all newborns
- Obesity Screening and Counseling for children 6 years of age and older
- Sexually Transmitted Infection Screening and Counseling in adolescents who are at risk
- Skin Cancer Counseling in children and adolescents who have fair skin to reduce their risk of skin cancer
- Tobacco Use Counseling and Interventions, including education, in all school-aged children and adolescents
- Tuberculosis Screening for children at high risk of infection
- Vision Screening (one time) for all children between the ages 3 to 5 years