

# Questions to Ask Your Doctor About Medications

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Your health care is a team effort ,and you are the most important member. To make sure you get the best possible care, be prepared for your appointment and don't be afraid to ask questions before, during and after your visit. We've prepared a list of common questions to ask your provider. If you don't understand your provider's answers, don't be afraid to ask for further explanation so you can follow through on suggestions for your long-term wellness.

- **What is this medicine for?**
- **Is it available as a generic?**
- **Are there any side effects?**
- **Do I need to avoid any activities or foods?**
- **How long will it be before I notice a change?**
- **When and how often should I take it?**
- **Is there a way to manage this condition without medication?**
- **How long should I take this? Will I need refills?**
- **Does this work OK with the other medications and vitamins I take?**

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